



Workshop Report: "NIKON Contrast Day"

Date: 19th July 2025

Venue: Laxmi College of Optometry, Panvel

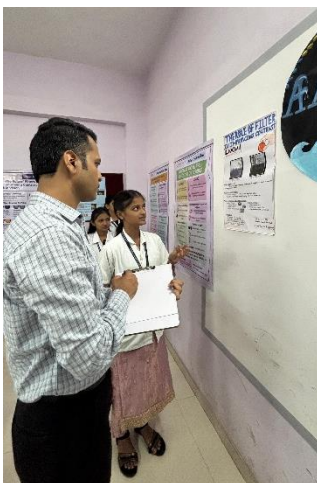
Introduction:

On 19th July 2025, Laxmi College of Optometry successfully organized the "NIKON Contrast Day" workshop with Nikon Lenswear. The event aimed to enhance student's understanding of contrast sensitivity and advancements in lens technology, while also engaging them in interactive learning and fun activities.

Highlights of the Workshop:

1. Poster Presentation:

The workshop began with an insightful **poster presentation session**, where optometry students showcased their academic understanding and Knowledge on the topic of contrast sensitivity, its clinical significance, and the role of modern lenses in enhancing visual performance. The posters reflected deep engagement, creativity, and clinical relevance.



2. Talk on Nikon Z Contrast Technology by Mr. Prashant Bhatkar:

A key highlight of the day was the expert **technical talk by Mr. Prashant Bhatkar** from Nikon India. He delivered a detailed session on **Nikon Z Contrast Technology**, focusing on:

- The importance of contrast sensitivity in visual function
- The unique design elements of Nikon lenses that support contrast enhancement
- Clinical advantages and user experiences with Nikon contrast lenses

The session was well-received and appreciated for bridging theoretical concepts with practical application.



3. Contrast Quiz:

A **Contrast Quiz** tested the participants' understanding of the day's learnings, along with general knowledge related to contrast sensitivity and optics. Students enthusiastically participated, and the quiz turned out to be a lively and knowledge-enriching experience.



4. Cake Cutting & Photo Session:

To celebrate the successful event with Nikon and Laxmi College of Optometry, a **cake-cutting ceremony** was held. Memorable moments were captured during the **photo session**, fostering a sense of community and joy.



5. Prize Distribution:

The workshop concluded with a **prize distribution ceremony**, during which the winners of the poster presentation and quiz were honored with prizes. It was a moment of pride and motivation for the students.

Poster Presentation Winners	Quiz Competition Winners
1 st yr Sneha Gaikwad	1 st Kalyani Barhate
2 nd yr Bhumika Choudhary	2 nd Swarnim Harwande
3 rd yr Asmita Ruthe	3 rd Pratiksha Patil

A special note of appreciation was extended to **Mr. Vighnesh Ubhare**, a first-year student, for his outstanding poster presentation. His work was personally acknowledged by **Mr. Prashant Bhatkar**, who commended the clarity, creativity, and scientific depth demonstrated in the presentation





Conclusion:

“NIKON Contrast Day” at Laxmi College of Optometry was a well-rounded and interactive event that balanced academic enrichment with engaging activities. The support from Nikon Lenswear and the valuable contribution of Mr. Prashant Bhatkar made the event a grand success. The workshop not only enhanced the students’ understanding of contrast technology but also created a platform for experiential learning and professional interaction.

Organized by:

Laxmi College of Optometry, Panvel

In Association with **NIKON Lenswear India**